

# BLACK ROCK ELEMENTARY SCHOOL MENU – DECEMBER 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Muffin & Yogurt Box Turkey Sandwich Peanut Butter & Jelly	 <b>ONLINE MEAL PAYMENTS</b>	<b>Every Day Offerings:</b> Assorted Fresh Fruit Rainbow Veggie Tray Canned Fruit <b>Twice Per Week:</b> 100% Fruit Juice	1 Grandma's Pasta & Meatballs WG Breadstick <b>Parmesan Roasted Cauliflower</b>	2 Sweet & Sour Chicken Brown Rice Steamed Broccoli	3 Stuff Crust Pizza Garden Salad with Ranch Dressing
Cereal Box Turkey Sandwich Peanut Butter & Jelly	6 Egg & Cheese on a Croissant Tater Tots Warm Apples with Cinnamon Ketchup	7 Chicken Nuggets Potato Wedges <b>Orange Cinnamon Carrots</b> Ketchup	8 Baked Ziti <b>Oven Roasted Zucchini</b> WG Chocolate Chip Cookie	9 Beef Nachos Cheddar Cheese & Salsa Seasoned Black Beans	10 Wild Mike Bites Marinara Sauce <b>Garden Salad with Ranch</b>
Plain Bagel Box Ham Sandwich Peanut Butter & Jelly	13 Mini Cinnamon French Toast Oven Roasted Potatoes Turkey Sausage Patty Maple Syrup	14 Popcorn Chicken Mashed Potatoes Steamed Corn Honey Biscuit Ketchup	15 Homemade Pasta and Meat Sauce WG Breadstick <b>Cheesy Summer Squash</b>	16 Corn Dog Nuggets Sweet Potato Fries Ketchup	17 Pizza Crunchers <b>Cucumber &amp; Tomato Salad</b> LF Cheese Stick
Muffin & Yogurt Box Turkey Sandwich Peanut Butter & Jelly	20 All Beef Hot Dog Crinkle Cut Fries Vegetarian Baked Beans Ketchup	21 Tomato Soup Grilled Cheese Steamed Broccoli	22 WG Mac & Cheese WG Breadstick Italian Green Beans	23 	24 
	27 	28 	29 		

Main Meal = Choice 1 Box Meal = Choice 2 Sandwich Meal = Choice 3 PB&J = Choice 4

Menu is subject to change. This institution is an equal opportunity provider.

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