

# BLACK ROCK ELEMENTARY SCHOOL MENU – FEBRUARY 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Muffin & Yogurt Box Turkey Sandwich PB&J	<b>Lunch is paid this year - \$3.15 per lunch, free for those free and reduced meals</b>	<b>BREAKFAST IS FREE FOR ALL!! One meal per student, second breakfast is \$2.00</b>	<b>Bold Indicates Fresh Produce is Used!</b>	All Beef Hot Dog Crinkle Cut Fries Vegetarian Baked Beans Ketchup	Cheese Pizza Buffalo Chicken Pizza <b>Garden with Ranch Dressing</b>
Plain Bagel Box Ham Sandwich PB&J	Grilled Cheese Crinkle Cut Fries <b>Corn and Tomato Salad</b> Ketchup	Chicken Smackers Mashed Potatoes Steamed Corn WG Honey Biscuit	Mozzarella Sticks Marinara Sauce <b>Garden Salad with Ranch</b>	Super Bowl Thursday Beef Nachos Cheese Sauce & Salsa Seasoned Black Beans	Cheese Pizza Bagel <b>Garden Salad with Ranch Dressing</b>
Muffin & Yogurt Box Turkey Sandwich PB&J	Chinese/Lunar New Year Sweet & Sour Chicken (sauce on the side) Brown Rice Broccoli Fortune Cookie	Pizza Crunchers <b>Oven Roasted Zucchini</b> LF Cheese Stick	Sweetheart Chicken Nuggets Friendship Smile Fries <b>I "Carrot" Bout You Carrots</b> Be Mine Sidekick Dessert	Wild Mike Bites Marinara Sauce <b>Caesar Salad</b>	
Plain Bagel Box Ham Sandwich PB&J		Egg and Cheese on a Croissant Tater Tots Corn Ketchup	Homemade Pasta and Meat Sauce WG Breadstick <b>Cheesy Squash</b>	Meatball Grinder Sweet Potato Fries <b>Roasted Ranch Broccoli</b>	Cheese Pizza Bagel <b>Garden Salad with Ranch Dressing</b>
Muffin & Yogurt Box Turkey Sandwich PB&J	Chicken and Waffles Maple Syrup Corn on the Cob	Crispy Chicken Sandwich Homemade Potato Salad <b>Pizza Green Beans</b>	Chicken or Cheese Quesadilla Salsa, Sour Cream Seasoned Black Beans	Cheese Pizza Pepperoni Pizza <b>Garden Salad with Italian</b>	<b>Every Day Offerings:</b> Assorted Fresh Fruit Rainbow Veggie Tray Canned Fruit <b>Twice Per Week:</b> 100% Fruit Juice

Main Meal = Choice 1 Box Meal = Choice 2 Salad/Sandwich Meal = Choice 3 PB&J = Choice 4



Parents can make payments, check transactions and apply for free and reduced meals online @ [linqconnect.com](https://linqconnect.com)

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Menu is subject to change. This institution is an equal opportunity provider.