

BLACK ROCK ELEMENTARY SCHOOL MENU – OCTOBER 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cereal Box Turkey Sandwich Peanut Butter & Jelly	Every Day Offerings: Assorted Fresh Fruit Rainbow Veggie Tray Canned Fruit Twice Per Week: 100% Fruit Juice		 ONLINE MEAL PAYMENTS		Wild Mike Bites Marinara Sauce Garden Salad with Ranch
Plain Bagel Box Ham Sandwich Peanut Butter & Jelly	French Toast Sticks Oven Roasted Potatoes Turkey Sausage Patty Maple Syrup	Popcorn Chicken Mashed Potatoes Steamed Corn Honey Biscuit Ketchup	Homemade Pasta and Meat Sauce WG Garlic Knot Cheesy Summer Squash	All Beef Hot Dog Crinkle Cut Fries Vegetarian Baked Beans Ketchup	Pizza Crunchers Cucumber & Tomato Salad LF Cheese Stick
Muffin & Yogurt Box Turkey Sandwich Peanut Butter & Jelly		Tomato Soup Grilled Cheese Steamed Broccoli	WG Mac & Cheese WG Breadstick Italian Green Beans	Corn Dog Nuggets Sweet Potato Fries Ketchup	Cheese Pizza Pepperoni Pizza Garden Salad with Italian
Plain Bagel Box Ham Sandwich Peanut Butter & Jelly	Mini Maple Pancakes Scrambled Eggs Tater Tots Maple Syrup	Cheeseburger Potato Wedges Creamy Coleslaw Ketchup	Mozzarella Sticks Marinara Sauce Garden Salad with Ranch	Chicken Tenders Brown Rice Seasoned Corn Ketchup	Personal Cheese Pizza Cucumber & Tomato Salad Pumpkin Squares
Muffin & Yogurt Box Turkey Sandwich Peanut Butter & Jelly	Chicken and Waffles Steamed Broccoli Maple Syrup	Crispy Chicken Sandwich Crinkle Cut Fries Corn & Tomato Salad Ketchup	Grandma's Pasta & Meatballs WG Garlic Knot Parmesan Roasted Cauliflower	Sweet & Sour Chicken Brown Rice Steamed Edamame 	Mischivous Mac Boo-tiful Beans Creepy Cucumber Salad Halloween Treat

Main Meal = Choice 1 Box Meal = Choice 2 Salad/Sandwich Meal = Choice 3 PB&J = Choice 4

Menu is subject to change. This institution is an equal opportunity provider.

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 Food Service Director
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